Primary 7 Transition from Primary School to Arbroath High School

*Questions and Answers*

Before looking at the question’s and answer’s, have a look through the PowerPoint already posted on the glow teams page to refresh your memory and hopefully this will answer some of your questions:

This is the PowerPoint Logan Gordon (Head Boy) and myself (Holly Bennett – Head Girl) delivered to all primary 7 pupils to enhance their transition from Primary School to Arbroath High School.

1. **What time does the school day start?**
   The school day starts at 8.55am, so it is a good idea to arrive in the school grounds for around 8.45am.

2. **How many classes will I have in one day?**
   You will have 7 classes each day Monday to Thursday and 5 classes every Friday because Friday is a shorter day.

3. **How long is each class?**
   Each class is 50 minutes. Classes are also known as periods.
   (E.g. I would say I have maths first period)

4. **What will my school day look like?**
   This is an example of a school timetable and your timetable will be similar to this example. Before break you will have 3 classes, after break you will have 2 classes and after lunch you will have 2 classes.

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<th>Interval</th>
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<th>Lunch</th>
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<tbody>
<tr>
<td><strong>Monday</strong></td>
<td><strong>Science</strong></td>
<td><strong>Mathematics</strong></td>
<td><strong>English</strong></td>
<td><strong>-</strong></td>
<td><strong>Geography</strong></td>
<td><strong>Art</strong></td>
<td><strong>-</strong></td>
<td><strong>History</strong></td>
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<td><strong>Tuesday</strong></td>
<td><strong>Art</strong></td>
<td><strong>Home Economics</strong></td>
<td><strong>Religious Education</strong></td>
<td><strong>-</strong></td>
<td><strong>Technical Studies</strong></td>
<td><strong>Mathematics</strong></td>
<td><strong>-</strong></td>
<td><strong>English</strong></td>
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<td><strong>Wednesday</strong></td>
<td><strong>Physical Education</strong></td>
<td><strong>Science</strong></td>
<td><strong>Mathematics</strong></td>
<td><strong>-</strong></td>
<td><strong>Music</strong></td>
<td><strong>French</strong></td>
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<td><strong>Computing Science</strong></td>
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<td><strong>Thursday</strong></td>
<td><strong>Mathematics</strong></td>
<td><strong>Science</strong></td>
<td><strong>Music</strong></td>
<td><strong>-</strong></td>
<td><strong>Art</strong></td>
<td><strong>History</strong></td>
<td><strong>-</strong></td>
<td><strong>Geography</strong></td>
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<td><strong>Friday</strong></td>
<td><strong>History</strong></td>
<td><strong>English</strong></td>
<td><strong>Geography</strong></td>
<td><strong>-</strong></td>
<td><strong>Mathematics</strong></td>
<td><strong>Science</strong></td>
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5. **What time does my school day finish?**
   The school day ends at 3.50pm Monday to Thursday and 1.20pm every Friday.

6. **How much money should I bring for my break time snack?**
   I would recommend you bring 50p to £1 or bring your own snack from home.

7. **What can I have for my break time snack?**
   There is a huge variety of food to have at break time. Off the top of my head there are pancakes, waffles, croissants, hot filled rolls, paninis, fruit, cakes, cereal bars, juice, milkshakes and the list goes on.

8. **How long does break time last?**
   Break time lasts for 15 minutes (11.25am to 11.40am).

9. **How long does lunchtime last?**
   Lunchtime lasts for 50 minutes (1.20pm to 2.10pm)

10. **What are the options for lunch time?**
    There are lots of options for lunch time:
    - Stay in the canteen with your own packed lunch or buy a school meal
    - Go home
    - Go to extra-curricular activities (so either bring your own lunch or buy lunch at school)
    - Go out for lunch to nearby shops (E.g. Tesco, co-op etc.)
    - Revision classes

11. **If I feel a little anxious, who should I speak to?**
    It’s normal to feel a little anxious and there are lots of people who can help you:
    - Guidance teacher (everyone gets assigned to a guidance teacher and this is the person who will support you throughout your high school journey)
    - Senior management (head teacher or deputy head teacher)
    - Any classroom teacher
    - Senior pupils

12. **What should I wear for P.E (physical education)?**
    The P.E department have a set uniform and this includes a white t-shirt, black bottoms/shorts and trainers that are suitable for both indoor and outdoor P.E.

13. **How should I make sure I am ready for my school day?**
    A key piece of advice is to pack your bag the night before so you can make sure you have everything packed in preparation for the next day.
14. Do I need to bring my own school equipment?
   Yes – remember the essentials!
   (E.g. pencils, pens, ruler, rubber, sharpener and scientific calculator etc.)

15. How many people will be in my class?
   There will be around 25-30 students in most of your classes, however in classes like
   Technological Studies and Home Economics there will be around 15-20 students
   due to health and safety.

16. If I don’t have a computer at home but I need a computer to complete my
    homework tasks, what should I do?
   The library is always open and has computers. This is the place to complete
   homework during lunchtime or afterschool.

17. If I get stuck on my homework, what should I do?
   Attend revision classes or ask your classroom teacher directly.

18. What should my school uniform look like?
   You must wear a smart school uniform every day and this includes:
   • White shirt
   • Arbroath High School tie
   • Black skirt/ trousers (no jeans or leggings)
   • Black smart shoes
   • Blazer (optional)

19. Will anyone from my primary 7 class be in my classes at High School?
   Yes, there will be at least one person from your primary school in your class.

20. Where do I put all my belongings during my school day (e.g. coat, bag, P.E kit and
    pencil case etc.)?
   Every day, you have to carry all of your belongings with you all day (hint – only pack
   your P.E kit on the days you have P.E or your bag will be super heavy)

21. Who will be in my classes?
   In your classes, you will have pupils from other primary schools within your class as
   well as some pupils from your primary school. This is a great opportunity to make
   new friends and meet new people!

22. Can I wear smart shorts as part of my school uniform?
   It is advisable to wear black trousers or a black skirt.
23. Will I be given a guide to help me find my way around the school when I start high school?

    You will have a senior pupil to take you to your classes for the first few days. You would normally come to the hall at the start of the day, after break and after lunch. We will dismiss you in your classes and each class will have a couple of senior pupils to take you to class. The senior pupils will then come back and collect you and take you to your next class.

24. Will I get my timetable before I start high school?

    Normally you get your timetable for the two day visit. Unfortunately, it looks unlikely that we will be back to school for this two day visit. We are still working on how we will get your timetable out to you. We will do our best to get you this information.

25. Can I please have a list of teacher names along with a picture and a short blurb about them?

    Mrs Roy is going to try and create a list of teachers and what subject they teach. She is hoping to do an activity on glow teams that will allow you to put a face to at least some of the staff at Arbroath High School.

26. Can I please have a class list with everyone who will be in my class at high school because I won’t have had the opportunity to meet them?

    We are unable to post class lists as we are not allowed to share personal information, and this includes names.

27. Can I please have a map of the school with classrooms marked on it?

    Mrs Roy is making enquiries regarding access to a school map. She will upload this onto the glow teams page as soon as she can.

28. What is the bullying policy?

    If you are getting bullied or know someone who is getting bullied, you should report it to your PCS teacher. You will be told who your PCS teacher is when we have sorted the classes. A PCS teacher is your Pupil Care and Support teacher. They are the person responsible for your wellbeing. They will have different strategies that they can use to help resolve the situation. If something is happening during class time, you should also report this to your class teacher straight away. They might be able to help solve the problem too. Bullying is NOT tolerated in Arbroath High School.